

HOWARD WRESTLING

RULES

1. DO THE RIGHT THING!!!

- **DO NOT EMBARRASS OUR WRESTLING PROGRAM**
- **100% ATTENDANCE AS WELL AS PROMPTNESS IS EXPECTED. ALL ABSENCES AND TARDIES ARE UNEXCUSED UNLESS CLEARED BY COACH GORE IN ADVANCE.**
- **EXCESSIVE TARDINESS OR ABSENCES WILL RESULT IN REMOVAL FROM TEAM**
- **CONTINUAL DISCIPLINE ISSUES WILL RESULT IN REMOVAL FROM TEAM**
- **STEALING (AUTOMATIC EXPULSION)**
- **JEWELRY WILL NOT BE WORN ON THE MAT**
- **RESPECTFUL BEHAVIOR WILL BE THE NORM**

2. ALWAYS DO YOUR BEST

- **WE AS COACHES WILL NOT ACCEPT ANYTHING LESS THAN YOUR BEST EFFORT AND ATTITUDE. WE DO NOT FEEL THIS IS TOO MUCH TO ASK. WE WILL NOT COACH EFFORT!!!**

3. TREAT OTHERS AS YOU WOULD LIKE TO BE TREATED

- **THIS RULE APPLIES TO EVERY DAY LIFE. IF YOU WOULD NOT LIKE IT SAID OR DONE TO YOU DON'T DO IT.**

THE HOWARD RULE:

**BE WHERE YOU ARE SUPPOSED TO BE;
DOING WHAT YOU ARE SUPPOSED TO BE DOING;
WHEN YOU ARE SUPPOSED TO BE DOING IT;
WITH WHOM IT SHOULD BE DONE WITH.**

I, _____, PARENT/GUARDIAN OF
_____ (STUDENT), HAVE READ THE RULES &
EXPECTATIONS TO BE A PART OF THE HOWARD WRESTLING
TEAM. I WILL HELP TO ENSURE THAT MY STUDENT MEETS THE
EXPECTATIONS STATED HERE AND IN THE BIBB COUNTY BOE
“CODE OF CONDUCT”.

PARENT/GUARDIAN (PRINT):

PARENT/ GUARDIAN (SIGN):

DATE:_____

RETURN TO COACH GORE